first hide the nav bar element using @media and change elements into list view

@media screen and (max-width: 850px){

//replace max width with your width

ul li {

display: block;

}

ul {

display: none;

}

}

Showmenu functions toggles the visibility of nav bar's elements

function showmenu()

{

var x = document.getElementById('myUL');

if (x.style.display == 'none') {

x.style.display = 'block';

} else {

x.style.display = 'none';

}

}

Also add a button to trigger the function

<!DOCTYPE html>

<html lang="en">

<head>

<button onclick = 'showmenu();'>click me to see menu</button>

<ul id='myUL'>

<li>item 1</li>

<li>item 2</li>

<li>item 3</li>

</ul>

</head>

</html>

Hope this helps